

# 10 THINGS YOU CAN DO FOR TRASH FREE SEAS



**1 CAN IT**  
USE A TRASH CAN WITH LID



**2 TAP IT**  
DRINK TAP WATER IN A REUSABLE BOTTLE



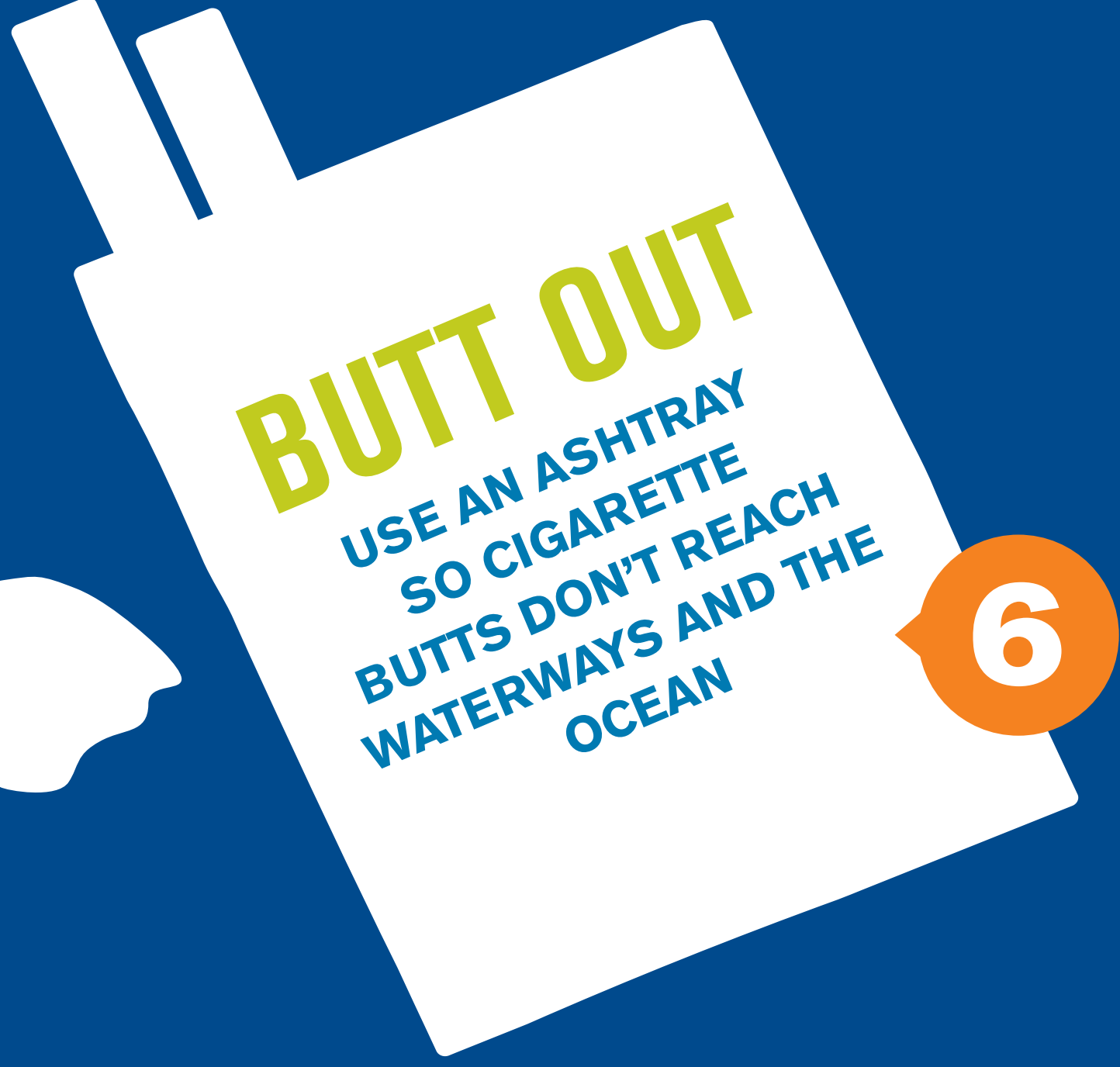
**3 STOW IT**  
BE A GREEN BOATER WITH OCEAN CONSERVANCY'S GOOD MATE PROGRAM



**4 BUTT IN**  
WRITE YOUR LEGISLATOR ASKING FOR POLICIES THAT ADDRESS OCEAN TRASH



**5 REMOVE IT**  
CLEAN UP WITH THE INTERNATIONAL COASTAL CLEANUP  
[WWW.SIGNUPTOCLEANUP.ORG](http://WWW.SIGNUPTOCLEANUP.ORG)



**6 BUTT OUT**  
USE AN ASHTRAY SO CIGARETTE BUTTS DON'T REACH WATERWAYS AND THE OCEAN



**9 REFUSE IT**  
BUY LESS TO REDUCE THE AMOUNT OF MANUFACTURED ITEMS WINDING UP AS TRASH IN THE OCEAN



**7 RECYCLE IT**  
GO THE EXTRA MILE TO SORT AND SEPARATE ITEMS THAT CAN BE RECYCLED



**8 REUSE IT**  
TAKE ALONG YOUR REUSABLE COFFEE MUG, PICNIC SUPPLIES OR SHOPPING BAG



**10 REINVENT IT**  
ASK COMPANIES TO OPTIMIZE PACKAGING AND CREATE NEW OCEAN-FRIENDLY MATERIALS